

Contents

I Foundations	1
Introduction	3
1 The world of magic and magical training	5
1.1 Things to consider	5
1.2 Magical systems old and new	8
1.3 Duality and ethics in magic	11
1.4 Approach to training: selfish versus non selfish	13
1.5 So why do we do magic?	15
1.6 Personal development	15
2 The pitfalls and traps of magic	19
2.1 Oath taking	19
2.2 The tying-in of energy	22
2.3 Blockage of knowledge	23
2.4 Past lives and genetic threads	25
2.5 Candy shop magic	28
2.6 Glamour, control, and ego	30
3 Power and magic	33
3.1 Boundaries	33
3.2 Working with power	35
3.3 Loss of ego	36
3.4 Power drunkenness	39
3.5 The power dynamics of ritual and vision	40
3.6 Using inner power	42
3.7 Outer power: ritual	45
3.8 High ritual	46
3.9 Visionary action	47
3.10 Inner worlds and actions: cause and effect	48
3.11 Justice, balance, and karma	51

4	Inner contacts and inner beings	57
4.1	Human inner contact: dead or alive?	59
4.2	Living contacts	60
4.3	The roles of destroying deities and demonic powers	62
4.4	What we can do	63
4.5	Thought forms and passive enlivening	65
4.6	Golems	67
4.7	Passive enlivening	68
5	Visionary magic	75
5.1	The first step of visionary work.	76
5.2	Tips and things to think about	77
5.3	The Void	79
5.4	Vision of the Void	79
5.5	The next step: discovery of the world	81
5.6	What are boundaries?	83
5.7	Practical methods for foundation training	83
5.8	Practical visions and background information	84
5.9	The Vision of the Inner Land	85
5.10	The Goddess in the Underworld	89
6	Ritual Magic	95
6.1	Group rituals	96
6.2	The lone ritual	97
6.3	Altars	99
6.4	Implements	101
6.5	Ways of working with the implements	103
6.6	The sword	105
6.7	The wand	105
6.8	The cup	106
6.9	The shield	106
6.10	The basic tuning of ritual tools	107
6.11	Basic consecration method	108
6.12	Developing your relationships with your ritual tools	110
6.13	Basic ritual patterns and exercises	111
6.14	Opening and closing directions and working spaces	112
6.15	Creating a directional space	114
6.16	Establishing the gates and tools	115
6.17	The Pentagram as the magical human pattern	119
6.18	The ritual of building the Hexagram	123
6.19	Hexagram ritual	124
6.20	Bringing in inner contacts to the directions	132
6.21	Triggering the gates and the contact of the east	133

6.22	Contacts in the south	135
6.23	Contacts in the west	137
6.24	Contacts in the north	138
6.25	Inner contacts and their issues	140
6.26	Establishing power flows across the directions	141
6.27	Moving energy from one inner direction to another	142
6.28	Moving energy from an inner direction to an outer object	143
6.29	The web of power	146
6.30	Designing a ritual	149
6.31	Designing a lone ritual	153
6.32	Constructing a lone ritual using inner contacts	154
7	Developing Tarot skills	157
7.1	A reading	158
7.2	Shuffling	158
7.3	Layouts	159
7.4	The Tree of Life layout	160
7.5	The Landscape Layout	164
7.6	Tarot Taboos	170
7.7	Keeping yourself and the deck clean	172
7.8	A method for cleaning a Tarot deck	173
7.9	Cleaning yourself	173
7.10	Tasks for getting good at Tarot	174
7.11	Magical dynamics of Tarot, both good and bad	175
7.12	Cards as doorways	175
7.13	Narrowing fate	176
7.14	Responsibility	177
8	Summary	179
8.1	Prejudice	179
8.2	Discernment	179
8.3	Glamour	180
8.4	Self-responsibility	180
II	The Initiate	183
	Introduction	185
9	Accessing the Inner Worlds	187
9.1	Accessing beings: making a contact	190
9.2	Human inner contacts	192

10	Practical methods for working with angelic beings	195
10.1	So how and why do we work with them?	198
11	Working with deities: pitfalls and approaches	203
11.1	Forms of deity	204
11.2	Working with the deity	205
12	Working with ancestors	211
12.1	Time jumping	213
12.2	Family ancestors	214
12.3	The ancestral vision	215
12.4	The family	218
12.5	Guarding the children	219
12.6	Tribal ancestors	220
12.7	Cultural ancestors	223
12.8	The vision of Tin Hinan	224
12.9	Practical use of ancestral work	225
12.10	Time and intention	226
12.11	Interactions with ancestors	227
12.12	Vision of meeting the ancestors	229
12.13	Dynamics	230
13	Accessing and working within the Faery Realm	233
13.1	Short vision for accessing the Faery Realm	234
13.2	Longer vision of the Faery Realm	235
13.3	Work	238
13.4	My own discovery of faeries	240
13.5	Magic, faeries and sex	244
14	Polarization: magical dynamics and partnerships	249
14.1	Polarity within magical partnerships	252
15	The physical implications of practising magic	259
15.1	Treating impacts	260
15.2	Working with balance	262
15.3	Food	264
15.4	Practicalities while working	265
15.5	The effects of inner contact on the endocrine system	267
15.6	The future	272
16	Inner landscapes of the people and the land	275
16.1	Energetic load-sharing: a short look	280
17	Magical protection: working methods	285

17.1	So when do you use banishing and talismans?	286
17.2	House protection	289
18	Sigils and seals	293
18.1	Angelic and demonic sigils	293
18.2	Deity sigils	296
18.3	Magical seals	297
18.4	Platonic solids and geometric shapes	300
18.5	Mandalas	302
19	Inner world parasites	305
19.1	Dealing with and removing parasites	307
19.2	Emotional parasites	309
19.3	Sexual parasites	309
19.4	Magical parasites	310
19.5	Parasites of the dying	312
19.6	Minor parasites	313
19.7	Removing parasites: practical application	313
19.8	Summary	315
20	Removing ghosts and other unwelcome guests	317
20.1	Types of hauntings	318
20.2	Land-based entities	320
20.3	Possession of a house by demonic forces	323
20.4	Possession from an object	325
21	How to deal with simple magical/psychic attacks	327
22	Dismantling Hermetic or Kabbalistic curses	331
22.1	What is a Hermetic/Kabbalistic curse?	332
22.2	How do curses affect the victim?	333
22.3	So what about protection?	335
22.4	Dismantling the curse: working methods	338
22.5	What do they look like on the inner?	340
22.6	How are curses taken off?	341
22.7	What is the cleanup procedure?	343
23	Short tour of the Tree of Life without Kabbalah	345
23.1	So what actually is the Tree of Life?	346
24	The Structure of the Abyss without Kabbalah	351
25	The eighteenth-century pattern of initiation in Britain	359
25.1	The Walk of Initiation at Stourhead, Wiltshire	360

25.2	The Stourhead initiation	361
26	Working with Sleepers	367
26.1	So what are sleepers?	367
26.2	Are the sleepers still active?	369
26.3	Communing with sleepers	372
26.4	Vision for contacting a sleeper	376
26.5	The future	377
26.6	Bridging	378
27	Death and Birth	383
27.1	Death	384
27.2	So what happens when a person dies?	385
27.3	The death vision in detail	386
27.4	The Bridge	389
27.5	The Plains	390
27.6	The Mountain	391
27.7	The awakening into rebirth	393
27.8	Practical working methods	394
27.9	Physical practicalities	395
27.10	Birth	396
28	Using tarot as a working tool	399
28.1	Layouts	401
28.2	The use of tarot in healing	406
28.3	The health layout	409
28.4	Making a contacted deck for magical seership	416
28.5	Minor layouts	419
28.6	Creating your major cards	419
29	Working methods for leading group visions/workings	423
29.1	Contacts	424
29.2	Energy dynamics	425
29.3	Reality or imagination?	426
29.4	Snatched energy	427
29.5	Different strains for different places	428
29.6	Picking up maps from written visions	429
29.7	Clearing up	430
29.8	Creating a vision from a personal experience	430
29.9	The vision of the goddess Tefnut in Ethiopia	431
29.10	The vision of Metatron and the Abyss	434
29.11	Vision of the elders	436

30	The inner aspects of consecration	443
30.1	Born or touched	443
30.2	Pros and cons	444
30.3	Physical and magical effects	447
30.4	Training versus nature	448
30.5	Lines	450
30.6	What is the future for such consecrations?	450
31	Afterword	453
 III The Adept		455
Introduction		457
32	Methods of working with temples and deities	461
32.1	Deities: working practice and power dynamics	462
32.2	Working with Deities in the Temple Environment	464
32.3	Finding the Doorway	465
32.4	Creating a window for the deity	466
32.5	Work on site or move the site? How to move a Temple . . .	470
32.6	Deity versus Divinity in a magical temple space	475
32.7	Visionary ritual action	476
32.8	Visionary movement	479
32.9	Summary	481
33	The magic of the fire/volcanic temple	483
33.1	The use of volcanic magic	484
33.2	The path to working with volcanic/fire power	485
33.3	Visions of the volcanic temples	486
33.4	Going into the city beneath the waves	487
33.5	The cave in the centre of the world that links all volcanoes	492
33.6	The vision of the cave	496
33.7	The contact of the sword maker	499
33.8	The work with swords	500
33.9	The vision of the sword maker	501
34	The power and magic of utterance, sound and sigil	507
34.1	Vision: the mediation of sound at the edge of the Abyss .	511
34.2	Utterance in the temple	514
34.3	The vision of utterance in the temple	516
34.4	The vision for the creation of magical sigils	519
34.5	Working with the sacred sigils and alphabet	523

34.6	Sacred alphabet	524
35	The magical dynamics of fate	527
35.1	Vision of the conception of a soul out in the stars	530
35.2	Chess and the Inner Temple	532
35.3	The board game	533
35.4	Summary	543
36	How to work with angels	545
36.1	Bound angels	546
36.2	Religious angels	549
36.3	The consecration of the cathedral	551
36.4	Religious angels of recitation	553
36.5	The vision of recitation	553
36.6	Human angels	556
36.7	Sandalphon/Synadalphos (“colleague”)	557
36.8	Vision of the Companion	557
36.9	Metatron	559
36.10	The vision of Metatron and the Abyss	560
36.11	Natural angels	562
36.12	The vision of the Metatron Cube	563
36.13	The Archon and the Aeon	569
36.14	Working advice	570
36.15	Vision of the pattern of death	570
37	Practical methods for creating ritual tools	573
37.1	Consecration of tools in the deepest part of the temple	573
37.2	Consecration ritual/vision for a consecrated Sword of Justice	574
37.3	Ritually enlivening the scabbard	579
37.4	Placing a being within the sword	583
37.5	Bridging a being into a tool	584
37.6	Awakening Divinity in substance	585
37.7	Summary	588
38	The magic of the Underworld	589
38.1	Vision of the Goddess in the Cave and in the Abyss	592
38.2	The Sisters at the back of the North Wind	597
38.3	Vision of the Sisters at the back of the North Wind	598
38.4	Origins of humanity in the Abyss	604
38.5	Methods of descent	608
39	Functioning as an adept	613
39.1	Service	614

39.2	Practicalities of living as an adept	618
39.3	Working within a tradition	620
39.4	The future: passing on the teaching	621

IV Appendices 625

A The consecration of salt and water 627

B A recitation for a basic exorcism 629

C Making a Specific Talisman 631

D What does magic do? 635

D.1	The complex web of fate and time	636
D.2	Magic and fate in action	637
D.3	Magical consequences: an example of magic in action . . .	638
D.4	A checklist of advice for beginners	642
D.5	Some things to think about	643

E The magical understanding of good and evil 645

F The directions in Western magic 651

F.1	Background	651
F.2	The magical directions	653
F.3	The current magical use of the directions	654
F.4	Nineteenth-century Europe	656
F.5	The sixteenth century	669
F.6	The modern structural approach	676
F.7	Dynastic Egypt	677
F.8	Right hand path, left hand path	696

G The Book of Death 705

H Advanced Decoys 731

H.1	Personal decoys	732
H.2	False doors	734
H.3	Time decoys	736
H.4	Oppositions	739
H.5	Copper as deflection	741

I The prehistory of magical development 743

I.1	Magic and its forms	745
I.2	The series of unfortunate events	747

I.3	People and responses	751
I.4	Early ritual solar circles	757
I.5	Chambered tombs in Northern Europe	763